

St Joseph Catholic Church

Eucharistic Adoration Newsletter



March 2025

Issue 69

Presented by the
St. Joseph Eucharistic Adoration
Committee

St. Joseph's Eucharistic Adoration Newsletter

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**The Month of March is
Dedicated to
St. Joseph**



Saint Joseph

"The Eucharist, in the Mass and outside of the Mass, is the Body and Blood of Jesus Christ, and is therefore deserving of the worship that is given to the living God, and to Him alone" (St Pope John Paul II, Opening address in Ireland, Phoenix Park, September 29, 1979).

Feasts for March 2025

2. EIGHTH SUNDAY IN ORDINARY TIME, Sunday
3. Katharine Drexel (USA), Opt. Mem.
4. Tuesday Before Ash Wednesday (Mardi Gras), Opt. Mem.
7. Perpetua and Felicity, Opt. Mem.
8. John of God, Opt. Mem.
9. FIRST SUNDAY OF LENT, Sunday
16. SECOND SUNDAY OF LENT, Sunday
17. Patrick, Opt. Mem.
18. Cyril of Jerusalem, Opt. Mem.
19. JOSEPH, SPOUSE OF MARY, Solemnity
23. THIRD SUNDAY OF LENT, Sunday
25. ANNUNCIATION OF THE LORD, Solemnity
30. FOURTH SUNDAY OF LENT, Sunday

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The History of St. Joseph



Joseph was a descendant of the house of King David. After marrying Mary, he found her already pregnant and, “being a righteous man and unwilling to expose her to public disgrace” (Matthew 1:19), decided to divorce her quietly, but an angel told him that the child was the Son of God and was conceived by the Holy Spirit. Obeying the angel, Joseph took Mary as his wife. After Jesus’ birth at Bethlehem in Judaea, where the Holy Family received the Magi, an angel warned Joseph and Mary about the impending violence against the child by King Herod the Great of Judaea, whereupon they fled to Egypt. There, the angel again appeared to Joseph, informing him of Herod’s death and instructing him to return to the Holy Land.

Avoiding Bethlehem out of fear of Herod’s successor, Joseph, Mary, and Jesus settled in Nazareth (Matthew 2:22–23) in Galilee, where Joseph taught his craft of carpentry to Jesus. Joseph is last mentioned in the Gospels when he and Mary frantically searched for the lost young Jesus in Jerusalem, where they found him in the Temple (Luke 2:41–49). Like Mary, Joseph failed to comprehend Jesus’ ironic question, “ ‘Why were you searching for me? Did you not know that I must be in my Father’s house?’ ” The circumstances of Joseph’s death are unknown, except that he probably died before Jesus’ public ministry began and was certainly dead before the Crucifixion (John 19:26–27). Although the veneration of Joseph seems to have begun in Egypt, the earliest Western devotion to him dates from the early 14th century, when the Servites,

an order of mendicant friars, observed his feast on March 19, the traditional day of his death. Among the subsequent promoters of the devotion were Pope Sixtus IV, who introduced it at Rome about 1479, and the celebrated 16th-century mystic St. Teresa of Ávila. Already patron of Mexico, Canada, and Belgium, Joseph was declared patron of the universal church by Pope Pius IX in 1870. In 1955 Pope Pius XII established the Feast of St. Joseph the Worker on May 1 as a counter-celebration to the communists' May Day.

History of Feast of The Holy Family



The feast of the Holy Family, celebrated on the first Sunday after Christmas in 2020 this is celebrated on Sunday, Dec. 27. The feast day was formally instituted in 1921 under Pope Benedict XV. Originally celebrated on the Sunday after Epiphany (January 6), the Feast of the Holy Family was moved to the Sunday after Christmas in 1969. The Church gives us the Holy Family as a model for our own families. Joseph provided for Mary and

Jesus by working with his hands. He obeyed the angel who told him to take Mary as his wife, to name the child and again when told to flee to Egypt. He taught Jesus the carpentry trade. Mary took care of her family in the home. It was she who would have taught Jesus the Scriptures and prayers.

Names for St. Joseph

St. Joseph is known by several titles, many of which can be found in the Litany of St. Joseph. Among these are:

- Light of Patriarchs
- Chaste guardian of the Virgin
- Diligent protector of Christ
- Head of the Holy Family
- Joseph most just
- Joseph most chaste
- Joseph most strong
- Joseph most obedient
- Mirror of patience
- Glory of home life
- Guardian of virgins
- Hope of the sick
- Patron of the dying
- Terror of demons
- Protector of Holy Church

St. Joseph is most well-known as the patron saint of fathers, families and workers. However, he is patron saint for many causes, some of which are listed below:

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| ▪ against doubt/hesitation | ▪ social justice |
| ▪ accountants | ▪ immigrants, emigrants and exiles |
| ▪ civil engineers | ▪ traveling |
| ▪ attorneys/lawyers | ▪ house hunting |
| ▪ carpenters & craftsmen | ▪ pioneers |
| ▪ confectioners | ▪ expectant mothers & unborn children |
| ▪ cemetery workers | ▪ children |
| ▪ for a happy, holy death & for dying people | ▪ educators |
| ▪ orphans | ▪ interior souls |

EUCCHARISTIC ADORATION ETIQUETTE

A Gentle Reminder of the Do's and Don'ts

First and foremost, the Eucharistic Adoration Committee, our Parish Priests and Deacons and Administrative Staff at St. Joseph's, recognize the commitment and dedication which is evident by the growth in numbers of Eucharistic Adorers making it possible for our entire parish to be able to just come in and pray with Our Lord in the Blessed Sacrament. It is a testament to the understanding and devotion by so many Eucharistic Adorers which makes it possible for so many Eucharistic Adoration hours to be available for our Parish.

Along with growth in numbers comes the need for some gentle reminders, which are needed from time to time. Please note, as most already know that Eucharistic Adoration has for centuries been a SILENT ADORATION. There are guidelines which support a SILENT EUCCHARISTIC ADORATION and have for the most part been part of St. Joseph's Eucharistic Adoration format.

FOLLOWING ARE SOME VERY SPECIFIC "ETIQUETTE" ITEMS WHICH MUST BE FOLLOWED BY EVERYONE COMING TO THE CODY CENTER CHAPEL.

The Etiquette for Eucharistic Adoration was developed with the understanding that the Blessed Sacrament in the Monstrance is the "Real Presence" and thus the ultimate reverence should always be shown and displayed. Yes, there is etiquette which should always be observed. Following is a list of reminders which involves your personal commitment to the Hour of Adoration and some personal behavior while in the chapel.

1. Please be silent always. Anytime the Blessed Sacrament is exposed in the Monstrance, there must be **TOTAL SILENCE** (other than the specific times when prayers or songs are recited... see schedule above). All Prayers and Readings should be recited in total SILENCE. The exception to this silence comment is at the beginning Eucharistic Adoration hour or at the scheduled time when the Blessed Sacrament is reposed. At those times there are prayers which are recited by a Priest, Deacon or an Extra Ordinary Minister of Holy Communion. The adorers are encouraged to respond to those prayers.
2. Please do NOT Talk or Socialize in the Chapel. There are two primary reasons for this silence, first is that the Eucharistic Adorer is in the Real Presence of the Our Lord and Savior in the Blessed Sacrament and second, any talking or socializing in the Chapel is a distraction to those praying and meditating. There is "absolutely no talking, or socializing in the ENTIRE CHAPEL, not just where the chairs are located. This means that the area in the back, where people sign in, is also a NO TALK or SOCIALIZING ZONE.
3. Please note: To the parents who bring young children to Eucharistic Adoration. You and your wonderful children are most welcome. It is understood that young children will from time to time get a bit restless. We know that you are first and foremost, parents who want to teach your children the love and kindness which Our Lord in the Blessed Sacrament and His Blessed Mother will bestow on your family. Please do not leave when your children are restless... in your

own loving manner, softly and kindly, whisper to them that they are in His house and Presence. No Eucharistic Adorer will be offended that you are teaching your (HIS) children to learn to pray to Jesus and His Blessed Mother.

4. Please genuflect or kneel upon entering the presence of the Lord or simply bow if you are not able to genuflect. Sitting or kneeling during your Hour of Adoration is appropriate.

5. Please do not bring anything to adoration that will make noise and be a distraction to others.

6. Please do use of electronic devices (cell phones, tablets or iPads) to read prayers or scriptures if doing such is not a distraction to others praying and meditating. The electronic devices should NEVER be heard or be used to cause a distraction to others. If you bring a phone, be sure to turn it off or put it on vibrate. NEVER answer your phone in the Chapel. If the phone vibrates, and you feel that you must respond, leave the Chapel to take the call.

7. Please do not ever bring food or drink to Eucharistic Adoration. If you need water, it is preferred that you quietly step outside the adoration chapel for a drink.

8. Please do remember to take off your hats, dress appropriately, don't chew gum and observe the same etiquette as if you were in Mass.

9. Please do not ever place anything on the altar.

10. Please do not ever touch Monstrance.

11. Meeting your Commitment:

- If you are scheduled to attend, please arrive on time or arrange for a back-up as soon as you know that you will not be able to go.
- Arriving at least 10 minutes before your scheduled hour is preferred.
- Sign the book to record your arrival and departure.
- If there is an emergency, please quietly notify the adorers which are there, that you have a personal emergency and leave quietly.
- If you are attending any of the Nocturnal Eucharistic Adoration hours, please make sure that upon entering or leaving the Cody Center that the door clicks. This will make sure that the Cody Center remains safe and secure. Suggestions for the Hour of Adoration:
- Read the Booklet for Hours of Adoration (which is in the Chapel on the bookshelf at the entrance)
- Pray the Liturgy of the Hours
- Pray the Holy Rosary or Chaplet of Divine Mercy
- Pray the Stations of the Cross
- Read Scripture, other religious books or articles
- Read copies of the Eucharistic Adoration Newsletter

Upcoming Seminar on Eucharistic Adoration During Lent

By special request from a number of Eucharistic Adoration Faithful, we have been working on a seminar to provide an awareness to the parishioners of St. Joseph which brings comprehensive information on the Eucharistic Adoration.

If you are interested in attending such a seminar during Lent, please send Rod Cruz a quick email which includes your name, email address and cell phone number. March 8, 9:00 AM to 11:30 AM. Information will be forthcoming.

Please send your interest email to drrodacruz@gmail.com

Email note should include:

- Your name
- Your email address
- Your CELL phone number
- Your preference for the seminar (Weekday – Morning, Weekday Evening, Saturday Morning)

At this point we are just gathering general interest information so that we can start the final planning process with the parish clergy, administration and facilities management.

Upcoming Seminar on the Liturgy of the Hours During Easter

By special request from a number of Eucharistic Adoration Faithful, we have been working on a seminar to provide an awareness to the parishioners of St. Joseph which brings comprehensive information on the Liturgy of the Hours.

Please note that a formal seminar has been developed for presentation to St. Joseph's Parishioners regarding the Liturgy of the Hours.

If you are interested in attending such a seminar in the Fall, please send Rod Cruz a quick email which includes your name, email address and cell phone

number. Dates and times are now being considered. What we are doing currently is compiling interested persons who want to attend this seminar. More details will be forthcoming.

Please send your interest email to drrodacruz@gmail.com

Email note should include:

- Your name
- Your email address
- Your CELL phone number
- Your preference for the seminar (Weekday – Morning, Weekday Evening, Saturday Morning)

At this point we are just gathering general interest information so that we can start the final planning process with the parish clergy, administration and facilities management.

SCHEDULE

ADORATION HOURS & LOCATION

Cody Center Chapel

ADORATION HOURS

Monday - Thursday

9:00 AM to 9:00 PM

Friday

9:00 AM to 6:30 PM

ADORATION FOR VOCATIONS

Last Friday

7:00 PM to 8:00 PM

NOCTURNAL ADORATION

1st Friday

Following 7 PM Mass until Midnight

2nd Friday

7 PM until 7 AM Saturday (Hispanic Community)